

Be Careful What You Swallow! from the desk of Pastor John

On June 4, 1977 at Lake Forest College in Lake Forest, Illinois, Theodore Geisel was awarded an honorary doctorate and was to give the commencement address to the graduating class. Everyone waited in anticipation of the words that would be shared by the man who was much better known by his pen name, Dr. Seuss.

As Mr. Geisel approached the microphone, he reached inside his robe and removed a single sheet of folded paper and gave his address. He titled his commencement address, My Uncle Terwilliger on the Art of Eating Popovers. Here is his entire commencement address.

My uncle ordered popovers from the restaurant's bill of fare.
And, when they were served, he regarded them with a penetrating stare. Then he spoke great words of wisdom as he sat there on that chair: "To eat these things," said my uncle, "you must exercise great care. You may swallow down what's solid BUT you must spit out the air!"

And

As you partake of the world's bill of fare, that's darned good advice to follow. Do a lot of spitting out the hot air. And be careful what you swallow.

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June Calendar

Mark Your Calendar!



"There are so many things in this life that scream for our attention and so many other things that promise us happiness, contentment, joy, and peace that are nothing more than hot air."

Done in a way that only he could, Dr. Seuss gave those graduates very good advice, indeed! There are so many things in this life that scream for our attention and so many other things that promise us happiness, contentment, joy, and peace that are nothing more than hot air. It is important that you only swallow what is solid!

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In the book of Ecclesiastes, Solomon reveals how he spent his life in search of happiness, contentment, joy, and peace. At the time, the nation of Israel was in its heyday and Solomon was the king. The nation was larger and wealthier than it had ever been and anything Solomon wanted he could have. He set out on a quest to satisfy all the desires of his heart.

He sought satisfaction in increasing his knowledge, he sought contentment in physical relationships, he

and he sought peace in wealth. Solomon said in Ecclesiastes 2:10a, "All that my eyes desired I did not refuse them. I did not withhold my heart from any pleasure..." After trying everything he could think of, after going after every-

thing he desired, all his

the joy, peace, and con-

pursuits failed to provide

sought joy in excitement,

tentment he was searching for. Solomon described his worldly pursuits with words like "vanity," "madness," "futility," "folly," "no profit under the sun," and "striving after wind."

Solomon's self-satisfying pursuits would ultimately result in the dividing of the nation of Israel. From that time until the divided nation was taken in captivity, they would be at war with their enemies and with each other. Other than a few bright spots in the tribe of Judah, the two kingdoms would sink further and further into idolatry and experience God's wrath.

Solomon and the kings of divided Israel were constantly swallowing the hot air of the world and seeking their fulfilment in the things of this world. They loved the world! But as we are told in 1 John 2:15-16, "Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world."

In the end, Solomon finally learned how to obtain

all the things he wanted. After looking in all the wrong places and after paying the price of his worldly pursuits and passing that debt onto his children, Solomon's eyes were opened. In **Ecclesiastes 12:13**, he said, "The conclusion, when all has been



heard, is: fear God and keep His commandments, because this applies to every person."

You will have many decisions to make throughout your life: where to work, where to live, who to marry, how to fulfill your longing for security, success, joy, peace, and contentment. True wisdom is to learn from Solomon, who already made all the mistakes. Fear God and keep His commandments! The world will eagerly feed you a plate of popovers. Spit out the hot air and be careful what you swallow!

Congratulations Class of

TYLER CLYDE BOTKA



Tyler is graduating from Seattle Christian School. He will be attending Biola University in the fall to pursue a business major with a music and Bible minor.

Tyler has enjoyed serving on the youth worship team, in Vacation Bible School, and at Camp Gilead.

Tyler's interests include backpacking, basketball, playing trumpet and piano, and telling others about Jesus.

Rachel is graduating from Lindbergh High School. She will be attending the University of Washington this fall to pursue a medical degree. While attending Lindbergh, Rachel was a member of Honor Society, orchestra, and—before COVID—was a member of the swim, tennis, and bowling teams.

At Eastridge, Rachel was a member of Joyful Noise Choir, Youth Worship, Youth Group, and the Bible quizzing team. She enjoyed helping out at Camp Gilead and attending winter and summer camps. Rachel enjoys art, music, camping, and hiking in her spare time.



NORA WALLACE

RACHEL

(Rachel is on the left)

MARIA KERR



Maria is graduating from Kerr Family Homeschool! The days were long, but the years were short, and graduation has come quickly. Mia persevered despite moving countries three times and many new siblings during her school career.

Maria participated on the Eastridge Bible quizzing team (2018-2021) and has been part of the youth group music ensemble. Maria's favorite pastime is baking but she is hanging up her apron in August as she heads to Boyce College in Kentucky. She is enrolled in the one-year Bible program where she hopes to grow in her understanding and love for Christ.

Maria's nine siblings and parents are very proud of her and wish her a hearty congratulations!

Congratulations Class of

JOSHUA CHARLES BARRIOS



Joshua is graduating with a Bachelor of Arts in Children and Family Ministry from Moody Bible Institute in Chicago. He plans to eventually pursue a Master of Divinity degree for a future career in pastoral ministry.

Joshua currently serves in Children's Ministry at Eastridge. He is passionate about teaching and studying Scripture, spending time with his friends and family, and anything related to Star Wars.

Kimberly is graduating from Green River College with a Bachelor of Applied Science in Early Childhood Education specializing in Infant and Child Mental Health.

After graduation, she plans to keep working as an infant/toddler teacher at Green River Montessori School in Auburn and work on her Montessori teaching certification. She is also excited to continue serving in Children's Ministries and the handbell choir at Eastridge. She has recently expanded her passion for teaching kids by co-teaching 1st and 2nd grade Sunday school.



KIMBERLY JEAN BONAR

NATHAN JOSEPH BONAR



Nathan is graduating summa cum laude from Renton Technical College's School of Surgical Technology and Surgical Assisting. He recently started a full-time position at Overlake Medical Center. He plans to grow his career at Overlake for the present time and applying for PA school in the future.

He has greatly enjoyed serving on Eastridge's audio and visual team and growing relationships with the College and Career group.

Paul graduated from Central Washington University in December 2020 with a bachelor's degree in Computer Science. He started working at SMART Technologies in August 2020. He also leads a team of programmers as CTO of a business he started with a friend at college to develop a new mobile app.

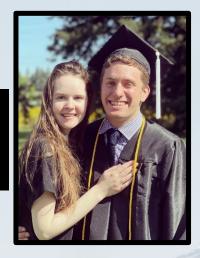
In his free time, Paul is still an avid gamer and works on coding projects for others.



PAUL MICHAEL McCAFFERTY

Congratulations Class

SILAS TUTHILL



Silas graduated with a Communications and Bible degree with an emphasis in public speaking and writing from Moody Bible Institute. He also just married his darling, Val Carter, on May 22, 2021.

At the end of August, Silas is going to be serving as a pastoral apprentice at West Sand Lake Community Church in New York under Pastor Andy Craig for a year before going on to get his Master's of Divinity at Bethlehem Baptist Seminary.

Silas has loved being a part of this dear church family for the last decade, and, in a sense, this will always feel like home to him.

Chris Reed 6/3 Ryan Goheen 6/3 Suzanne Kearney 6/3 HyeJin Graham 6/3 Aubrey Trzeciak 6/4 Caleb Hurst 6/7 Joe Kusack 6/7 Mark McMinn 6/7 Sal Guevara 6/7 Cathy Mickelson 6/8 Juliet Graham 6/9 Evan Brichka 6/10 Curtis Foster 6/11 Diana Lilly 6/15 Joyce Rowland 6/15 Mavis Gaines 6/16 Jim Sherman 6/17

Sofia Guevara 6/17 Gabriel Mickelson 6/17 Margaret Iverson 6/18 Phil Dudley 6/19 Alex Lopez 6/19 Janelle McArdel 6/19 Nancy Hawkins 6/19 Deborah Steen 6/20 Christian Saenger 6/20 Dean Renick 6/20 Danny Kerr 6/22

Daniel Turner 6/27

Alice Hunter 6/23 Joshua Kerr 6/23 Elise Gingerich 6/24 Alaire Irish 6/25 Will Freeman 6/25

Birthdays & Anniversaries

Chris Jensen 6/29 Luke Hansen 6/29 Tracey Hunt 6/30 Jennifer Swenson 6/30 Faith Young 6/30

Anniversaries

Daniel and Ana Bélen Emme 6/1 Mary and Kris Adams 6/3 Ron and Peaches Sandelius 6/4 Tony and Jennifer Teeler 6/7 Daniel and Christina

Mickelson 6/8

Lance and Jennifer Swenson 6/12

Sam and Kari Groot 6/12 Phil and Nicole Dudley 6/13 James and Annastasia Kariuki 6/15 Randy and Linda Mayes 6/17Jeff and Cheryl Benjamin

6/18

Peter and Melanie Schrock 6/21

Larry and Marian Hutchins 6/22

Kevin and Emma McArdel 6/23

Mike and Jeannie Osterman 6/26

Don and Tracey Hunt 6/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		5:00pm-8:30pm Taekwondo 6:30-8:00pm Handbell Choir Rehearsal 7:00pm Young Marrieds' Bible Study	6:30pm Children's Ministry Appreciation Dinner	7:00pm College/ Career Bible Study	8:00am Men's Bible Study 7:00–9:00pm Ladies' Craft & Cookie Night@ EBC	5
6	7 Ga	8 arage Sale Items	9 Collection We	10 ek (Youth Cente	11 5	12
Graduation and Promotion Sunday 6:00pm Monthly Prayer Meeting	2:00–3:00pm Ladies' Bible Study 6:30–8:00pm	10:30am Missions Prayer Meeting (@ Alaire Irish's) 5:00pm–8:30pm Taekwondo 6:30–8:00pm Handbell Choir Rehearsal	6:30pm Youth Group	7:00pm College/ Career Bible Study	8:00am Men's Bible Study	9:00am- 2:00pm New York Missions Car Wash & Garage Sale @ EBC
13	2:00–3:00pm Ladies' Bible Study 6:30–8:00pm Ladies' Bible Study	5:00pm-8:30pm Taekwondo 6:30-8:00pm Handbell Choir Rehearsal 7:00pm Young Marrieds' Bible Study	6:30pm Youth Group	7:00pm College/ Career Bible Study	6:00-9:00pm Father/ Daughter Dinner @ EBC	10:00am- 2:00pm Tech Day @ EBC 5:00-8:00pm Marriage Matters
20	6:30–8:00pm Ladies' Bible Study	5:00pm-8:30pm Taekwondo 6:30-8:00pm Handbell Choir Rehearsal	6:30pm Youth Group	Main Building in Use All Day 7:00pm College/ Career Bible Study	25 Main Building in Use All Day	26
27 Communion	6:30–8:00pm Ladies' Bible Study	5:00pm-8:30pm Taekwondo 6:30-8:00pm Handbell Choir Rehearsal	6:30pm Youth Group		MM	2

Mark Your Calendar!

July 2021

Monday, July 5–		
Friday, July 9	Youth Summer Camp	Various Locations Daily
Sunday, July 11	Celebration Sunday	Time & Location TBD
Sunday, July 18	Baby Dedications	8:30am & 11:15am
Monday, July 26	New York Mission Team Departs	

^{*} There will be no monthly prayer meeting in the month of July.

August 2021

Sunday, August 1	Monthly Prayer Meeting	6:00pm (Auditorium)
Sunday, August 1	NY Mission Team Returns	
Friday, August 20	Ladies' Game Night	5:00–9:00pm (Goheen's)

September 2021

Sunday, September 5	Monthly Prayer Meeting	6:00pm (Auditorium)
Saturday, September 11	Women's Day Retreat	8:00am-8:00pm



