



Reflecting on Answered Prayer

from the desk of Pastor Paul

We know that prayer is an important part of the Christian life. Numerous passages call for us to pray to the Lord. We are to pray in every circumstance. First Thessalonians 5:17 says to **“pray without ceasing.”** Romans 12:12 calls for us to **“Rejoice in hope, be patient in tribulation, be constant in prayer.”** Following the description in Ephesians 6 of the

amazing is that God actually answers our prayers! Sometimes the answer is “yes;” sometimes it is “no;” other times it is “not yet.” But God does answer prayers.

I want to reflect on the times God does answer with a “yes.” The Scriptures provide wonderful news for us in 1 John 5:14-15, **“And this is the confidence that we have toward him, that if we ask any-**

“ As a Christian, we can be certain that God does hear and answer our prayers. What great news! The sovereign, all-powerful King of the universe hears you.

armor of God that we must wear as we face the spiritual battle, the Apostle Paul describes in verse 18 that we should be **“praying at all times in the Spirit, with all prayer and supplication.”** Communing with God through normal, frequent prayer ought to characterize our lives just as breathing does. What’s even more

thing according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.” As a Christian, we can be certain that God does hear and answer our prayers. What great news! The sovereign, all-powerful King of the universe hears you. And He seeks

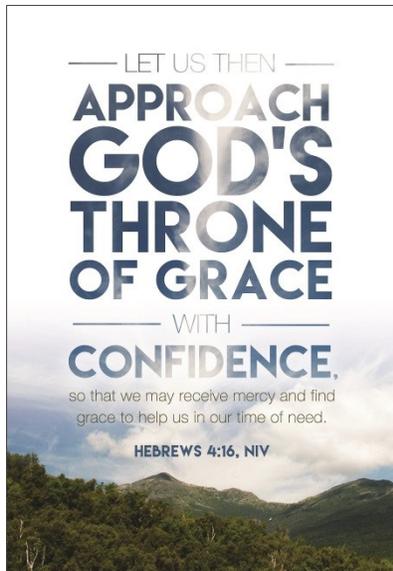
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to work for your good (Rom. 8:28) and His glory. Because of the work of reconciliation that Jesus accomplished, the writer of Hebrews encourages us by saying, **“Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need”** (Heb. 4:16). We are blessed to find that because of our union with Christ, God lets us come to Him, and He does provide that **“mercy”** and **“grace to help.”** This is just a glimpse of God’s goodness and faithfulness towards us.

Answered Prayer *Continued from page 1*

If you're like me, you go about your day praying on and off. It's like we bounce from one thing to the next in our prayers. We make a request here and there as situations in our lives or the lives of others lead us to pray. The situation comes to a conclusion, a need is met, and a prayer is answered Great! And we move on. It's good to keep moving forward, but if you're like me, you might have forgotten something. Did we forget to stop and reflect how God answered that prayer, provided that need, or sustained us through a hardship? Did we forget to thank God for the answered prayer? It's so easy to throw all these prayers to



the Lord and then be relieved by the outcome but fail to meditate on the fact that GOD ANSWERED OUR PRAYER.

Recalling how God has answered our prayer over the biggest and smallest of things can provide tremendous encouragement and strength. I want to encourage you to take time to ponder on all the times God has provided for you and answered your prayers. God is so good towards us, and we often overlook it. May we be like the psalmist in Psalm 77:11-12, "***I will remember the deeds of the Lord; yes, I will remember your wonders of old. I will***

ponder all your work, and meditate on your mighty deeds."

Family News



Eastridge warmly welcomes the following people into church membership:

Alex and Kristen Legé

Alex and Kristen have three children, Danielle (13), Benjamin (11), and Caroline (8).

A Passion for God's Word: A Collection of Poems

THE WORLD OR THE WORD

by Kristen Legé

Inspired by John 6:68, Isaiah 55, and Proverbs 9

The World and the Word -
They both talk to me.
Saying, "Come and have Life!
Listen, obediently."

The World's hollow mouth -
many decades wide -
past's Rights are present's Wrongs
as it speaks out each sharp side.

The Word changes not,
With Truth beautifies.
Teaches, alters me - deep;
Transforms naive into wise.

The World and the Word -
Both talk, don't you see;
But to Whom I listen,
Well, now that's up to me.



MANY WORDS

by HyeJin Graham

I hear many words in this world
Some are sweet some are bitter
Some are healing some are hurting

I heed many words in my heart
Some are precious some are poisonous
Some build up some tear me down

Many words bring me dismay
I say, it is right one day
I say, it is wrong another day
I can't be true even one day

Your Words are different
They are pure and perfect
As radiant as morning sun
As firm as cornerstone
They are right all the time

I hear what my Savior says
I heed His Words in my heart
His Words offer me redemption
It brings glorious You to ragged me

I have nothing to argue
There are none to compare
Your Words gift me trust
It brings imperishable hope to hopeless me

WHISPERS OF GOD'S LOVE

By Annette Koenig

I shall not live by bread alone but by every word that proceeds
From the mouth of God who whispers love and fills my every need

Every good and perfect gift comes down from the Father of Lights
His precious Word—His gift to me in which my soul delights

Though heaven and earth shall pass away, God's words remain forever
I've treasured them more than my needed food—just to know them my constant
endeavor

The secret things belong to the Lord, but to us the things revealed
This drives me to seek for hidden truths within His Word concealed

The Word of God is alive and strong, it's sharper than any sword
It pierces my soul, discerns my thoughts, and drives me to my Lord.

Truly His words are a lamp to my feet and a light unto my path
They keep me on the narrow way, and deliver me from wrath

This is my comfort in my affliction—God's Word has given me life
Like apples of gold in settings of silver, it calms me from all strife

All scripture is inspired by God and helpful for correction
Equipping me for all good work and guiding me to perfection

The men God used to script His words have all become my friends
They've taught me what the Lord abhors, and that which He commends

With Jeremiah I've learned to weep, with Paul to be ever content
I've learned from Solomon who is a fool, and from David just how to repent

From David also I've learned to say, "My inheritance is good"
And Micah has taught me that being humble will cause me to stand as I should

Jude has said, for the sake of the saints, one should earnestly contend
Isaiah and Jonah have lived out the worth of going where you are sent

Jeremiah has taught me to rest in God's ways—from His paths to never depart
To search His Word and let it become the joy that rejoices my heart

Isaiah has taught me to reason with God, with Job I've heard God thunder
Yet Elijah heard from a still small voice such things cause my heart to wonder

Clouds are but the dust of His feet, the prophet Nahum reveals
Hosea taught that the Lord who mends often tears before He can heal

From Habakkuk I've learned though the crops may fail and the flocks be cut off from the fold
One can still rejoice in the Ancient of Days whose words are like much fine gold



A Passion for God's Word: A Collection of Poems

continued from page 4

SEARCH FOR TRUTH

By Daná Freeland

(inspired by John 17:17 and 18:38)

An age-old question: "What is truth?"
Must it be answered, I pondered.
If yes, perhaps in my youth
Before my life is squandered.

I looked to my heightened senses.
Could my experiences be the judge?
But others pulled them down as false pretenses
When perceptions differed and made reality budge.

I looked to expansive reason.
Philosophy *did* have plenty to say,
Yet contradictions committed treason,
And in the end, reason left me betrayed.

I looked to the world's traditions.
Well-worn customs *had* to be wise;
For a time, their judgements served my volitions,
But too often exaggerated a self-indulgent guise.

I finally sought absolute authority.
Sense, reason, and tradition were too relative to stand the ages.
Surveying world religions led to one that had superiority
Thus, I turned to God's revelations in the Bible's pages.

Reading His Words brought truth to my soul.
Reading His Words showed me my sin.
Reading His Words made me whole.
Reading His Words gave me hope again.

Absolute truth from God alone delivers a risen Savior by His grace.
Absolute truth from God alone suppresses deceit, corruption, and demands.
Absolute truth from God alone brings sound judgements to the human race.
Absolute truth from God alone brings revival and triumph in our lands.



A Passion for God's Word: A Collection of Poems

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I HAVE A BIBLE!

By Cherryl Boston

I have a Bible! It is wonderful to me,
To read and study to know my God better,
To know "Thus says the Lord" for myself.

I have a Bible! To see that my God is perfect,
Holy and just. To know that my God "keeps [His]
Covenant and lovingkindness." He is compassionate.

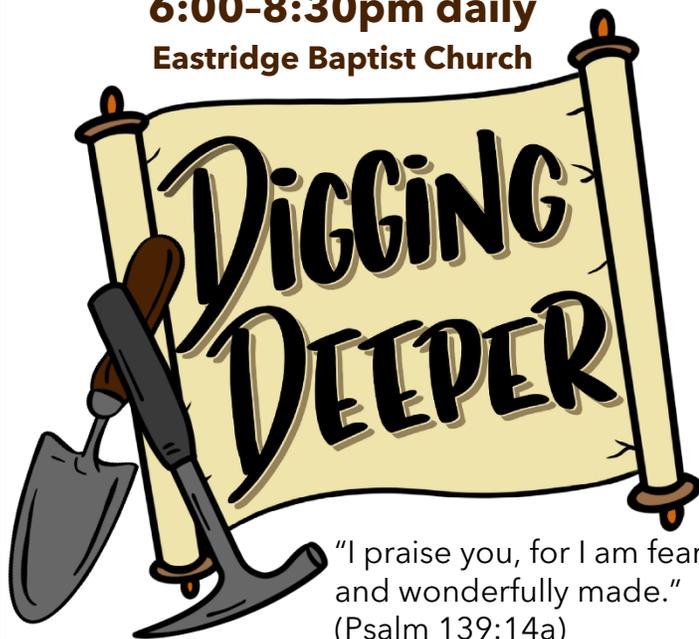
I have a Bible! To read the "Come and follow Me" of Jesus.
To know that He is, "the way and the truth and the life."
To read, "that my sins are forgiven" because Jesus is my atonement.

I have a Bible! That gives "Basic Instructions Before Leaving Earth."
To read "All Scripture is inspired by God and profitable for teaching,
For reproof, for correction, for training in righteousness."

I have a Bible! It tells me that "nothing is too hard" for my God.
He knows all things, sees all things, and hears all things.
My God wrote me a love letter that tells all about Him. So, I read it.



Monday, July 11–Friday, July 15
6:00–8:30pm daily
Eastridge Baptist Church



"I praise you, for I am fearfully
and wonderfully made."
(Psalm 139:14a)

You can also register through your Realm account
(Events) or on our website at eastridgebaptist.org.

VACATION BIBLE SCHOOL 2022

**Digging Deeper:
Discovering the
Value of Life**

**A free VBS for children
4 years through 6th grade**

Scan the QR code to
register your kids!



Freedom from Resentment: Stopping Hurts from Turning Bitter by Robert Jones

A Book Review by Cathy Mickelson

This is the second in a series of articles reviewing the booklets at the counseling table located in the foyer. This month I will be reviewing *Freedom from Resentment: Stopping Hurts from Turning Bitter* by Robert Jones.

Jones begins by presenting several true-to-life scenarios in which a person encounters a difficult situation with another person, resulting in disappointment and hurt. What is often our natural response to such situations? Resentment and bitterness. “Bitterness is that inner anger lodged deep in the heart... It is settled anger... the kind that forms a more general and global animosity against the offender himself. Bitterness goes deeper to form an attitude against the perpetrator: “I’m bitter at *you*, because *you are* an evil person.” If we allow hurt to linger in our heart, and we nurture it and dwell on it, it will morph into hostility toward the offender.

How do we overcome this tendency toward resentment and bitterness? The author takes us back to the gospel, to Jesus the God-man, who in all His humanity experienced everything—and more— than we will ever experience. He understands what it is to be mistreated, to be despised and rejected, to suffer (Isaiah 53:3). Jesus comes alongside us in our times of testing and temptation. We are instructed to “be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you” (Eph. 4:32).

Jones goes on to share six gospel truths that can prevent resentment from building and stop hurts from becoming bitter.

1. **The Enormity of God’s Love Displayed in the Cross.** If we become bitter, we will have forgotten the massive size of the sin debt that God forgave us. In the parable of the unforgiving servant (Mathew 18:21-35) Jesus contrasts the relatively small amount of sins committed

against us with enormous debt of sin that we have committed against God.

2. **Our Desperate Need for God’s Forgiveness.** We must fully understand that God’s forgiveness of us depends somehow on our forgiving others (Matthew 6:12, 14-15).

Choosing not to forgive others will result in hindered fellowship with God.

3. **Our Ultimate Need for God’s Mercy.** God extends His mercy to those who show mercy. “*Judgment without mercy will be shown to anyone who has not been merciful. Mercy triumphs over judgment!*”

(James 2:13)

4. **God’s Role and Ours.** If we become bitter, we will be assuming God’s role as Judge. Romans 12:19 commands, “*Do not take revenge, my friends, but leave room for God’s wrath, for it is written: It is mine to avenge; I will repay.*” We must trust God, the Righteous Avenger, to bring justice in His time and in His way.

5. **The Dual Nature of the Offender’s Sin.** One must understand that the offender is a slave to



Freedom from Resentment *continued from page 7*

sin, self-deceived, and ignorant. Yet the offender remains entirely responsible for his decisions.

6. **Our Own Fallibility.** We must remember that we too are sinners (Isaiah 53:6) and need to guard our hearts from pride (1 Cor. 10:12).

How then can we prevent resentment from turning into bitterness? Pray for the person who has hurt you. Consider practical ways to demonstrate Christ-like love to that person. Speak graciously to them

and about them to others. Seek to demonstrate through your actions the kindness of the Lord. Only through the power of the Holy Spirit working in us and through us can we accomplish the supernatural work of forgiveness.

If you are harboring resentment and bitterness toward another person and would like to talk to a counselor about it, please contact Cathy Mickelson at camickelson@msn.com.

Be sure to check out the more than 40 different booklets at the counseling table in the foyer. They are available for purchase for only \$5 each.

School Supplies Drive for East Hill Elementary

With the onset of the summer season, it's time to think about taking advantage of the school supply sales and pick up some items to donate to the children at East Hill Elementary. We are partnering with the school again this year to ensure that all students are equipped with the supplies they need to be successful learners.

Joan Johnson, Welcome Room Coordinator at East Hill, provided us with this list of most-needed supplies for the coming school year:

- * plastic containers to hold supplies - this is the first thing to run out...
- * pencil sharpeners with cases
- * glue sticks
- * blunt scissors
- * bottom pocket folders in a variety of colors
- * colored pencil sets
- * colored marker sets
- * wide rule composition notebooks
- * spiral notebooks
- * **#2 Pencils sharpened (this is really helpful!!!)**

A donation bin will be available in the foyer beginning mid-July through the end of August. If you have any questions about the school supply drive, please contact Cathy Mickelson at camickelson@msn.com.



JULY

**BIRTHDAYS
AND ANNIVERSARIES**

Birthdays

Theodore Kukhar 7/2
 Wyatt Meuwse 7/3
 Samuel Blakey 7/3
 Ryan Reeves 7/4
 Nandita Koodie 7/5
 Jolyn Barber 7/6
 Ilya Kukhar 7/6
 Xzander Reed 7/7
 Rachel Roach 7/8
 Erin Fulton 7/9
 Austin Meeuwse 7/10
 Lincoln Pogue 7/11
 Matt Graham 7/11
 Jesse Graham 7/11
 Garrett Anderson 7/12
 Logan Keating 7/13
 Shelly Wallace 7/14
 Katie Vice 7/15

Dorie Peyton 7/17
 Lance Swenson 7/18
 Evangeline Kerr 7/19
 CJ Vice 7/20
 Pauletta Heinle 7/21
 Wanda Renick 7/21
 Stephen Groot 7/23
 Rishi Ragbir 7/23
 Sara Hayward 7/24
 Titus Skeith 7/25
 Ezra Skeith 7/26
 Rose Hansen 7/26
 Derek Iverson 7/27
 Sarah Kelsey 7/29
 Susan Anderson 7/29
 Kevin McArdel 7/30
 Ella Martinez 7/31

Anniversaries

Derek and Carol Iverson
 7/2
 Matt and HyeJin Graham
 7/5
 Dan and Heather Young
 7/6
 Andrew and Jennifer
 McInnis 7/9
 Greg and Keren Goheen
 7/12
 Eugene and Lily
 Kondratev 7/13
 Alex and Kristen Legé
 7/14
 Jon and Kari Watson
 7/15
 Tim and Erin Fulton 7/17
 Harry and Greta Flatt
 7/17

Tim and Laurie Tolonen
 7/20
 Doug and Debbie
 Thompson 7/21
 Dean and Wanda Renick
 7/21
 Jonathan and Kimberly
 Skeith 7/24
 Sean and Sarah Kelsey
 7/24
 Ken and Shelly Wallace
 7/25
 Christian and Kelly Lopez
 7/27
 Ken and Diana Lilly 7/28
 Nate and Emily Williams
 7/28
 Robert and Kim Turnbull
 7/30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 6:00pm Prayer Meeting	4 	5 5:00pm-8:30pm Taekwondo	6 10:00am Ladies' Bible Study 6:30pm Youth Group 6:30-8:00pm Kid's Summer Bible Study 6:30pm Ladies' Bible Study	7 FIJI STM TEAM LEAVES 7:00pm Young Adult Bible Study	8	9
10	11 6:00-8:30pm Vacation Bible School	12 10:00am Missions Prayer Ministry (@ Alaire Irish's) 6:00-8:30pm Vacation Bible School	13 6:00-8:30pm Vacation Bible School	14 6:00-8:30pm Vacation Bible School	15 6:00-8:30pm Vacation Bible School	16
17 FIJI STM TEAM RETURNS	18	19 5:00pm-8:30pm Taekwondo	20 10:00am Ladies' Bible Study 6:30pm Ladies' Bible Study 6:30-8:00pm Kid's Summer Bible Study	21 7:00pm Young Adult Bible Study	22	23
YOUTH WINTER CAMP @ CASCADES CAMP						
24	25	26 5:00pm-8:30pm Taekwondo	27 6:30pm Youth Group 6:30-8:00pm Kid's Summer Bible Study	28 7:00pm Young Adult Bible Study	29	30
31 Communion						

August 2022

Sunday, August 7	Monthly Prayer Meeting	6:00pm (Auditorium)
Tuesday, August 9	Missions Prayer Ministry	10:30am @ Alaire Irish's
Friday, August 12	Ladies' Fireside Fellowship	7:00–9:00pm (Goheen's)

September 2022

Sunday, September 4	Monthly Prayer Meeting	6:00pm (Auditorium)
Tuesday, September 13	Missions Prayer Ministry	10:00am @ Alaire Irish's
Saturday, September 24	Ladies' Titus 2 "Adorned" Study	10:00am–12:00pm (Aud.)

Our small groups start up in September/October. Watch for more information about these groups in next month's newsletter.

October 2022

Sunday, October 2	Monthly Prayer Meeting	6:00pm (Auditorium)
Tuesday, October 11	Missions Prayer Ministry	10:00am @ Alaire Irish's



SPEAK O LORD

Keith Getty / Stuart Townsend ©Thank You Music Ltd.

Speak, O Lord, as we come to You
To receive the food of Your Holy Word.
Take Your truth, plant it deep in us
Shape and fashion us in Your likeness.

That the light of Christ might be seen today
In our acts of love and our deeds of faith.
Speak, O Lord, and fulfill in us
All Your purposes for Your glory.

Teach us Lord, full obedience,
Holy reverence, true humility;
Test our thoughts and our attitudes
In the radiance of Your purity.

Cause our faith to rise; cause our eyes to see
Your majestic love and authority.
Words of pow'r that can never fail—
Let their truth prevail over unbelief.

Speak, O Lord, and renew our minds;
Help us grasp the heights of Your plans for us—
Truths unchanged from the dawn of time
That will echo down through eternity.

And by grace we'll stand on Your promises,
And by faith we'll walk as You walk with us.
Speak, O Lord, till Your church is built
And the earth is filled with Your glory.



EASTRIDGE
BAPTIST CHURCH